

# Putting the Pieces Together: A Patchwork of Support

2007 ANNUAL REPORT

Our Mission: To fund services to improve the quality of life for breast cancer patients and their families.

On Super Bowl Sunday, Toni Killefer gathered a group of friends, and friends of friends for a quilting open house to create chemo quilts for patients receiving treatment at hospitals in The Red Devils network. Their caring creativity resulted in 11 quilts, many of which are featured here, and each of which will be donated to patients across the state.

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## Letter from the President and Executive Director



#### Dear Friends:

On behalf of the board of directors and staff, we are pleased to offer this report highlighting our work during 2007. This year marks five years of funding support services that improve the quality of life for breast cancer patients and their families. What began as a team

of Jessica Cowling's and Ginny Schardt's loved ones walking in *The Race for the Cure* in 2002 is now a beautifully-crafted patchwork of compassionate, caring, and committed individuals, organizations, businesses, and agencies. The thousands of you joining us along the way represent the inspirational diversity of place, circumstance, and calling that are so vital to advancing the mission and vision of our founders.

Since our early years, we have seen our impact expand from a handful of patients at one hospital, to assisting hundreds each year through 28 hospitals and more than 40 service providers. In 2002, we spent \$105 to fund support services for breast cancer patients. This year, those investments total more than \$165,000. In the span of five years, we received national and local acclaim for our uniquely beneficial role in a patient's breast cancer journey. We were hailed as one of Oprah Winfrey's "favorite things," heralded as a "Healthcare Hero" by *The Daily Record*, and featured in several regional newspapers and magazines.

For us, however, the true measure of our achievements and value is in the differences we make in the lives of families receiving support services, the practitioners who make those referrals for their patients, the providers who offer quality care and service, and the contributors who generously offer their talent and treasure. As we report on our stewardship of your interest, we want to share their voices with you. They guide us each and every day.

We have achieved so much in such a short time, but as long as breast cancer exists, the need for our support will continue to grow. In Maryland there are 4,200 new cases of breast cancer diagnosed each year. In 2007, we touched the lives of 452 patients living with the disease. With your help, we will improve the quality of life for even more Maryland families. We hope you will accept our invitation to become a Quality of Life Donor and make the commitment to our annual fund. Your generosity shows you understand the importance of building our capacity to affect the lives of every Maryland breast cancer patient, if need be. Everyone in their own way can help us reach the goal of expanding our impact. We will stitch together your annual gifts—no matter the size—to create a patchwork of comfort and support that will stretch across the state.

We are reminded each day about how much your support matters. As one patient shared with us, "There is comfort in knowing that there was support for and experience with what is needed during treatment." Without you, easing her burdens and those of thousands just like her would not have been possible. We hope knowing that gives you comfort.

Warmly,

Gayle James *Board President* 

Jan Wilson *Executive Director* 



# Our Support Services

In 2007, The Red Devils served our mission of funding support services to improve the quality of life for breast cancer patients and their families by assisting 452 patients, and investing \$197,586 in program-related activities to fund transportation to treatment, house cleaning, delivery of meals and groceries, assistance with prescription co-pays, home care services, complementary therapies, and critical needs.

## Transportation for Treatment

Too often, one of the biggest hurdles to complying with their prescribed treatment regimen is whether or not patients can make the roundtrip. Do they have friends and family on whom they can depend? Can they afford the costs of daily cab rides, bus trips or gasoline consumption for seven weeks of treatment?

#### "Transportation has given me peace of mind as I am fighting for my life with many medical bills, and the emotional and physical stress."

We respond to patients' on-going or one-time needs for transportation by funding rides provided by a host of partners, including sedan companies, taxis, and public transportation; and by purchasing gas cards so that patients able to do so could afford to drive themselves. In 2007, we invested \$50,226 in transportation support and satisfied 899 requests.

## Meals and Groceries

In partnership with Moveable Feast, patients and families whose nutritional needs are compromised as a result of breast cancer treatment receive prepared, frozen meals and bags of groceries for at least three months. Meals are delivered to patients weekly by Moveable Feast. With grants from The Maryland Affiliate of Susan G. Komen for the Cure, The Red Devils funds meals and groceries for one week of each month, and Moveable Feast supports the remaining three weeks of food.

#### "The meals were very helpful because I was out of it after my chemo and I didn't have to worry about cooking for my family."

In areas not served by Moveable Feast, The Red Devils contracts with Food and Friends, catering companies, and retail outlets to prepare and deliver meals. This year, \$21,104 went towards funding 443 requests for meals and groceries.

## House Cleaning

Sometimes, it's the little things that loom large when a patient worries about all that has to be done amidst the demands of treatment. For some, cleaning their home is too taxing physically; living for a time without doing so becomes an acceptable choice given the myriad other priorities. Other patients, after talking with their hospital coordinator, make the decision to have their house cleaned in advance of a procedure so that upon returning home, there's one less thing to create stress.

#### "It is so difficult to be physical during all of the treatments. Having someone help with the house was priceless."

Regardless of the reasons for opting for house cleaning support or the frequency with which the service is provided, all patients receiving cleaning are assured expert and thorough service from experienced professionals. In 2007, we had 410 requests for house cleaning and invested \$30,220.

### **Complementary Therapies**

According to recent studies among breast cancer patients, more than 80% report using complementary therapies—41% in a specific attempt to manage the effects of breast cancer. For those women, complementary therapy use does not reflect negative attitudes towards conventional medical care, but rather a desire to "help their body heal," to "boost their immune system," and to "give a feeling of control with respect to their treatment."

"I want to offer a giant Thank You to The Red Devils for providing me with a Reiki treatment. I have had a noticeable reduction in my pain level as well as increased mobility and energy since the treatment. My blessings to all of you who made this happen for me."

Patients requesting complementary therapy support receive referrals to massage therapists, acupuncturists, yoga classes, dance therapy, Reiki, art therapy, and other resources that can contribute to their sense of positivism and hopefulness. This year, there were 129 requests for complementary therapies for a total expenditure of \$17,259.





## Prescription Co-Payments

Co-payments account for the largest share of a breast cancer patient's out-of-pocket expenses. Typically, the drugs, tests, doctor visits, and other medical care for lifeprolonging treatments run into thousands of dollars each month for each patient. Although private insurers, Medicare, and Medicaid carry the largest share of the prescription drug expense burden, covering the cost for a single co-payment can be out of reach for many.

"I think it is wonderful that people can get help financially for cancer treatments. The Red Devils paid 16 co-payments for office visits and chemo totaling \$480. The financial help was so appreciated by my patient."

One of our strategic goals in 2007 was to increase the number of pharmacy partners working with The Red Devils. We are pleased that patients we support can now access cooperating pharmacies at each of our 28 hospital partners, as well as through other pharmacy outlets. In response to 45 requests, we invested \$9,240 in prescription co-payments in 2007.

## Home Care and Other Critical Needs

One of the attributes distinguishing The Red Devils is our flexibility in responding to patients' needs for support during one of the most vulnerable times in their lives. We can assist patients with their child care or eldercare needs, fund teeth extractions (sometimes necessary before undergoing chemotherapy), pay rent and security deposits, and help a family with burial expenses, among other critical needs.

"I am a single mom of two children, ages nine and six. I have a family that helps me over the weekend. But by Monday after treatment, I am back to being fully responsible for the care of my children."

Home care and critical needs combined accounted for 25 requests for services and  $\$10,256\ \text{in }2007.$ 

"From child care to house cleanings to acupuncture to nutritional counseling, it is an uplifting gift to women in crisis. I am so thankful that there is such a service for people like me with limited income. Otherwise, it would have been very difficult."

## Sustaining Our Services into the Future

This year, The Red Devils enjoyed the support of 785 contributors, 78 volunteers, and 24 in-kind donors. We are grateful from the bottoms of our hearts for the generosity that allowed us to accomplish so much, and for the legacy of support and faith that has sustained us for our first half-decade. Charitable contributions are the lifeblood of every not-for-profit. Nowhere will you find that to be truer than for us.

## "When feeling low, having 'nice' things come your way is a wonderful respite from the 'doom and gloom' thinking."

Over the next five years, we will be unrelenting in the commitment to build our capacity beyond our current levels to fund the support services needs of breast cancer patients. Until the disease no longer ravages patients' and families' lives, we will serve our mission with passion and compassion. In 2007, we added four hospitals to our network. In 2008, we will prepare ourselves to extend funding to patients being treated in Southern Maryland, Montgomery County, and Prince George's County by 2009/2010. With that expansion, we anticipate increasing our potential impact by 2,000 patients. But we need your continued contributions to help us meet their needs.

#### "This is an excellent service for people on the edge of daily existence."

Charitable donations to our annual fund will make a decisive difference in our ability to achieve our goals. When you become a Quality of Life Donor and make the commitment of an annual gift, you provide a consistent source of income that will fuel our expansion and sustain our growth for years to come. This is your invitation to join us and others who believe in the value of what we do. Every gift to The Red Devils annual fund is important, regardless of its size. By some estimates, living with breast cancer can cost a family more than \$1,600 per month in lost wages and treatment-related expenses. For every five of you who commit to donating \$10 per month (less than 35 cents a day), we can make certain we provide one more patient with a roundtrip ride to treatment each month.

#### "If it weren't for The Red Devils, I don't know how I would have been able to keep seven weeks of appointments."

Regrettably, the need for the support services we fund will continue to grow. Fortunately, we take quite seriously our responsibility to meet that growth head-on by being able to provide funding for the essential support services that ease the day-today economic and emotional burdens of living with this life-altering disease.

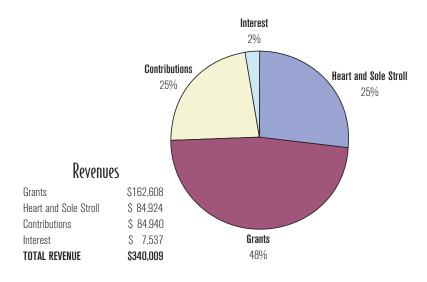
Here's to the next five years of supporting breast cancer patients and their families!

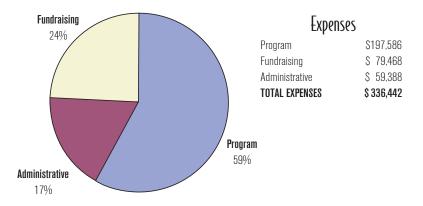




# Sources and Uses of Funds

Financials: January 1, 2007 to December 31, 2007





The Red Devils is registered with the Office of the Secretary of State as required by law. Registration is not, and does not imply an endorsement of any solicitation by the Secretary of State. A copy of The Red Devils financial statement is available by contacting us at 5820 York Road, Suite 205, Baltimore, MD 21212 or by phoning 410.323.0135. Documents filed under the Maryland Charitable Solicitations Act can be obtained from the Office of the Secretary of State, State House, Annapolis, MD 21401 for the cost of copying and postage.

# Quality of Life Partners

Without the compassion and commitment of the hospitals, breast centers, and businesses listed here, we would not be able to support patients and their families at such a critical time in their lives. We thank them for making this support possible and for the loving care and support they give our recipients.

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The Red Devils is grateful to the many individuals, businesses, foundations, and organizations that made contributions between January 1, 2007 and December 31, 2007. If we have omitted, misspelled, or listed your name incorrectly, please accept our sincere apologies, and contact us at 410.323.0135 so that we can correct our records. As always, your generosity makes our success possible. Thank you.

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